CHARTING the LifeCourse < 쓰 🗉



Integrated Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.

Parent/Household:

Technology

Personal Strengths & Assets

Relationships

SeeSaw Class DoJo **Google Classroom** Video Chats Alexa Google YouŤube **Communication Device** Visual/hearing aids Large print Screen readers Headphones Classroom Chats Visual Timers Audio Timers/Reminders Visual Schedules

Student:

Thrives on routine Flexible Curious Creative Independent Cooperative Daily routines Have a dedicated space Creative Siblings Access/ability to create schedules Technology Available Neighborhood

Family Friends Classmates Teachers IA's Therapists Neighbors Teammates School Club Members

E-Learning

Virtual Field Trips Neighborhood Scavenger Hunt Virtual Read Alouds Art: online art classes, virtual art museum tours, rock painting, sidewalk chalk, window displays/paintings

PE: nature walks, bike rides, basketball in driveway, virtual exercise programs

Music: online instrument/voice lessons, virtual concerts, making instruments out of household items Telehealth options Resources from DOE Special Education Services INDATA/PATINS Vocational Rehabilitation/Pre-Ets

Community Based

Eligibility Specific

Access the LifeCourse framework and tools at lifecoursetools.com

Developed by the UMKC Institute for Human Development, UCEDD. More tools and materials at lifecoursetools.com